

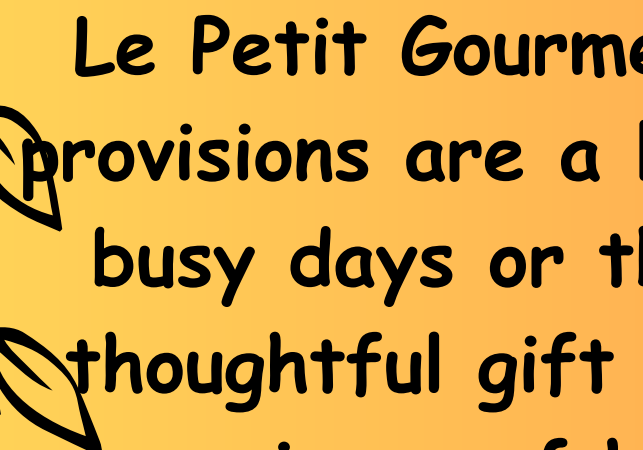


LE PETIT
GOURMET

CATERING

Menu du jour





Le Petit Gourmet's frozen provisions are a lifesaver for busy days or the perfect thoughtful gift option! The convenience of having soups, dips, casseroles, and pastries on standby can definitely make life easier. If there's something specific you're looking for, feel free to reach out and **CLICK INQUIRY**

Prices and availability may vary. Let us know how we can assist you.





Frozen Pastries

European Danishes

Apple, Raspberry, Cinnamon, Coconut, Maple
Pecan and French Custard

2.90 vat .29

Muffins

Mini Minimum 12 per order

Blueberry, Chocolate, Banana Nut, Apple, Raisin
bran 12.00 vat .12

Croissants

Mini Plain Croissants 2.90 vat.29

Mini Pain au Chocolat 3.00 vat .30

Full size Croissant.....3.95 vat .39

Full size au Chocolat...4.95 vat .50



Bake our pastries home with our instructions.

Use the parchment paper provided and bake in a preheated oven at 375 for 20-25 minutes or until golden brown and crisp.



Frozen Prepared Meals

**We do have a wide
Variety of Prepared Meals
and Soups in our Freezer**

**To Provision,
Call us at 394-1251
or click on the Button
INQUIRY**

**We can also cater special
orders minimum portions 8
Lead time 72 hours**



Frozen Soups

Vegetarian 7.00 vat .70

#1 Cream of Mushroom

#4 Roasted Tomato and Navy Beans

#6 Vegan Moroccan Lentil Sweet Potato

#7 Vegan Split pea and Dumplings Coocoo Soup

#8 Vegan Red Lentil and Pumpkin Soup

#9A Cream Of Broccoli Cheddar

#9B Vegan Chili

Ham and Meat 9.00 vat .90

#26 Meatball Cheese Tortellini

#28 Cowboy Chili

#30 Split Pea Soup with Ham

#29 Lasagna Soup



Frozen Soups

Chicken 9.00 vat .90

#10 Chicken and Cheese Tortellini

#12 Corn and Chicken Chowder

#18 Chicken Curry Sweet Potato Soup

#21 White Chicken Chili

#25 Tuscan Chicken soup Basil, White Navy Beans

Seafood 11.00 vat 1.10

#40 Salmon and Bell Pepper Lobster Chowder

#42 Shrimp and Corn Chowder

#45 White Conch Chowder

#47 Red Thai Curry Conch Chowder

#48 Seafood Coocoo soup

#52 Shrimp Lobster Flavor Impossible

Thaw out our soups in the microwave or Reheat on the stove top. Take out the soup from the container rest in pot with light 1/4 inch water, put on low medium, cover and stir until hot.





Various Casseroles

#100 Keto Cajun Shrimp 14.00 vat 1.40

#104 Keto Curry Chicken 14.00 vat 1.40

#5 Keto Rustic 14.00 vat 1.40

#109 Keto Salmon Cauliflower 14.00 vat 1.40

#111 Keto Smoked Pulled Pork 14.00 vat 1.40

#130 Tex Mex Shepherd's Pie 12.00 vat 1.20

#131 Rustic Shepherd's Pie 12.00 vat 1.20

#132 French Canadian 12.00 vat 1.20


#134 Meat Lasagna 14.00 vat 1.40

#137 Chicken Pot pie 12.00 vat 1.20

#138 Vegetarian Lasagna 14.00 vat 1.40

#138A Salmon Spinach Lasagna 15.00 vat 1.50

#139 Veggie Pot Pie 12.00 vat 1.20



Take out the casserole of the pan and Thaw out in microwave or thaw in fridge overnight. Reheat in oven at 350 for 20-25 minutes or until warm through.

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Frozen Quiches

10" inch Quiche

Eggs, Cream, Cheese and Filling

#200 Cheddar Bacon 38.00 vat 3.80

#201 Loraine Ham and Swiss 38.00 vat 3.80

#202 Tomato Mozzarella 32.00 vat 3.20

#203 Feta, Tomato, Spinach 32.00 vat 3.20

#204 Spinach Parmesan Pesto 34,00 vat 3.40

#205 Mushroom 32.00 vat 3.20

#206 Salmon and Spinach 48.00 vat 4.80


#209 Broccoli Cheddar 32.00

**Minis Vegetarian or Ham and cheese
per dozen 28.00 vat 2.80**

Inquire about our
Specialty Conch Quiche
created for the 50Th
Anniversary Made on
Special Order Only



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Our quiches are perfect for
a Meal with a Salad or a
nice center piece for a
Brunch. Simply thaw and
reheat 325 20 min. Voila!
5 meals portion or
8 appetizer size



Freshly Made Spreads and Crustinies

Spread and Crustinies

Smoked Salmon Spread....16.00 vat 1.60
Roasted Pepper and Almond.15.00 vat 1.50
Sherry Caramelized Onions 13.00 vat 1.30
Japaleno Popper with Bacon 15.00 vat 1.50

Crustinies per box 7.00 vat .70

One container of spread is great for 5 to 7
guests as a side appetizer we suggest to
get 2 boxes of crustinis/per spread

Water Crackers Variety 11.00 vat 1.10

Our spreads are delicious
on the boat, by the pool
and are the perfect start
to a gathering! Made fresh
weekly for the weekend!





Make your Sandwiches

**Make Your Own Sandwich
Purchase Your Le Petit's Salads**

Cranberry Chicken salad

8 oz 15.00/ 1.50 16 oz 25.00/ 2.50

Cajun Tuna Salad

8oz 10.00/ 1.00 16oz 20.00/ 2.00

Egg Salad

8oz 9.00/ .90 16oz 15.00/ 1.50

8" Baguette Wheat or White

2.50 vat .25



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Special Orders

Lasagnas

Made with Fresh Pasta Sheet

	1/2 Pan	Full Pan
Meat Lasagna	185.00	255.00
Salmon and Spinach	225.00	325.00
Seafood, lobster sauce	245.00	350.00
Roasted Veggies Spinach	185.00	255.00

1/2 pan serves 8-10

Full pan 20-22

21" Garlic Butter Baguette 8.00 vat .80

Order side garden salad
per portion 9.95 vat 1.00

10% vat is applicable



Special Orders Shepherd's Pie

Always topped with the best homemade
mash potatoes!

	1/2 Pan	Full Pan
French Canadian	185.00	285.00
Rustic Shepherd's	200.00	300.00
Seafood, lobster sauce	245.00	350.00
Mushrooms and Veggies	185.00	255.00

1/2 pan serves 8-10

Full pan 20-22

Order side garden salad
per portion 9.95 vat 1.00
10% vat is applicable